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July

News and updates

Autism Central

Out and about

If you are planning days out or a holiday with the family, doing some research and planning well ahead can help to make the experience more enjoyable for everyone.



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New podcast episodes



Episode 4
Sensory processing



Sensory differences as a non-speaking autistic person

Holly Sprake-Hill speaks to Tim Chan, a non-speaking autistic person, and his mother Sarah about sensory processing and how to support people with communication differences.

Listen now

Sensory differences as a semi-speaking autistic person

Holly Sprake-Hill is in conversation with Hat Richardson who is an autistic semi-speaking speech and language therapist. We find out more about what it means to be semi-speaking and how this can affect the ways in which sensory needs can be communicated and supported.



Episode 5
Sensory processing



Listen now

Find out more about the series

Programme update

Update on the number of parents and carers using Autism Central and how we are helping.

98.6% of parents and carers said they would recommend the Autism Central programme



Peer educators trained and providing one-to-one and group sessions



5967 one-to-ones delivered to parents and carers



Source: Hub FCPA survey and programme reporting April 2024.

About Autism Central

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Autism Central is designed to help families learn more about autism and how to navigate support.



Autism Central is a peer education programme, commissioned by NHS England.

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