

If you are planning days out or a holiday with the family, doing some research and planning well ahead can help to make the experience more enjoyable for everyone.



Find out more

New podcast episodes

Autism boocast for parents and carers Episode 4 Sensory processing

Sensory differences as a non-speaking autistic person

Holly Sprake-Hill speaks to Tim Chan, a non-speaking autistic person, and his mother Sarah about sensory processing and how to support people with communication differences.

Listen now

Sensory differences as a semi-speaking autistic person

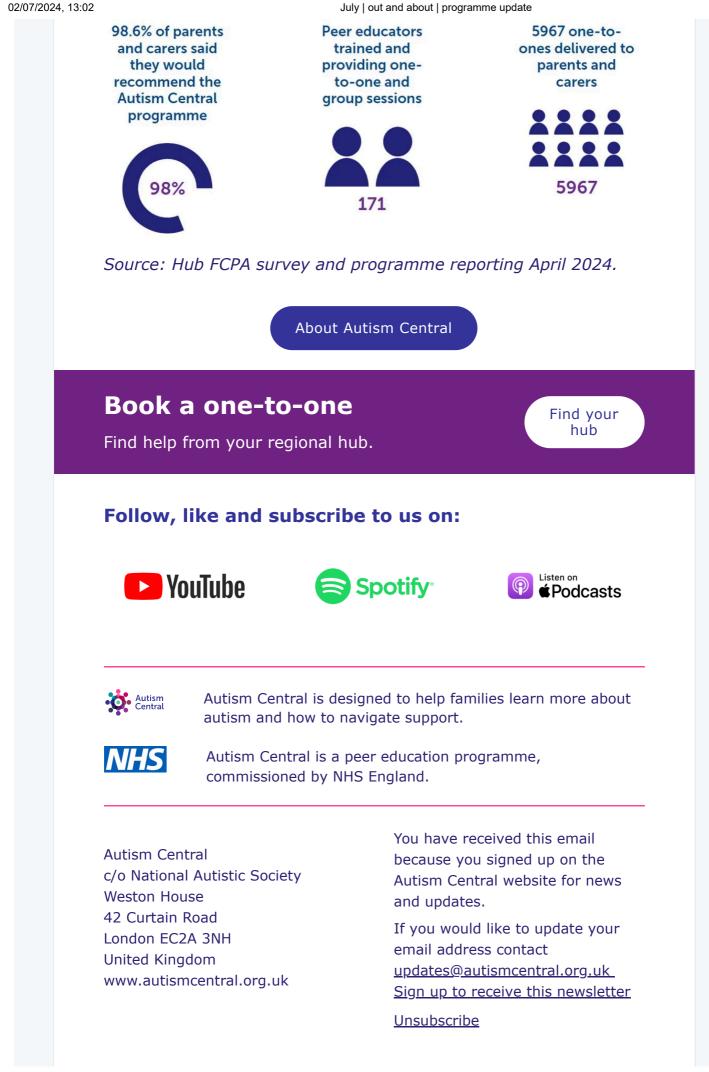
Holly Sprake-Hill is in conversation with Hat Richardson who is an autistic semi-speaking speech and language therapist. We find out more about what it means to be semi-speaking and how this can affect the ways in which sensory needs can be communicated and supported.



Find out more about the series

Programme update

Update on the number of parents and carers using Autism Central and how we are helping.



July | out and about | programme update



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