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October

News and updates

Autism Central

New online course for personal assistants

The course is for paid carers of autistic people who would like to gain a deeper understanding of autism and how best to support the autistic people they work with.

[Find out more](#)





Why school is hard

This video is part of the new series on navigating education and working well with school from Dr Naomi Fisher and Eliza Fricker.

Watch this episode to learn more on the reasons school can be hard for autistic children and what we can do to help.

[Find out more](#)

Book a one-to-one

Find help from your regional hub.

[Find your hub](#)

Co-occurring conditions awareness

Autistic people are often diagnosed with other co-occurring conditions. This month awareness is being raised of conditions such as ADHD and dyslexia, learn more about these and other conditions on our website.



[Find out more](#)



Meet Lynne

Read a personal welcome from Lynne, the Programme Director of Autism Central and parent of two brilliant autistic young people.

[Read more](#)

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Autism Central is designed to help families learn more about autism and how to navigate support.



Autism Central is a peer education programme, commissioned by NHS England.

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