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September

News and updates

Autism Central

New film: What is autism?

Autistic people and their families talk about what autism is and give tips on providing support.

With special thanks to the autistic people, their families and friends that took part.



Watch

Book a one-to-one

Find help from your regional hub.

[Find your hub](#)

New resources



Working well with school

Watch the second series of 'finding the balance' about education.

The series of seven webinars is for parents and carers to understand more about navigating education and working well with school.

Episodes include:



Working with school



School attendance



Deciding about school

[Find out more](#)

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Autism Central is designed to help families learn more about autism and how to navigate support.



Autism Central is a peer education programme, commissioned by NHS England.

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